

/ Nowh Guna' / Our Way

CARRIER CULTURE, KNOWLEDGE + TRADITIONS

Online COMPETENCY TRAINING Adaptation

- Mix interaction with lecture / story sharing
- Create a safe space for having meaningful and safe conversations
- Incorporate different activities for learning
- Connect the learning to emotions
- Share powerful first person stories with images
- Find ways to get people moving (and take frequent breaks)
- Share additional resources / handouts in the chat
- Bring in ceremony using creative ways
- Incorporate reflection and opportunities to share reflections - circle check ins
- Use your evaluations to ensure you are focusing on the most important aspects
- Keep it to half days (all day online training is too much!)
- Encourage relationship building inside and outside of the training wherever possible

<https://www.csfs.org/events/nowh-gunaour-way-carrier-cultural-competency-training>

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**CARRIER SEKANI
FAMILY SERVICES**